

**Science**

Question

Food &  
Health

1. Man cannot survive without taking minimum amount of  
(a) carbohydrates (b) fats(c) proteins(d) minerals
2. The best method for improving the nutrient composition of a diet is by  
(a) combining various foods(b) use of sprouted cereals & pulses(c) use of boiled foods(d) use of processed foods
3. Which of the following statements about Pyor-rhoea is not correct ?  
(a) It arises due to the lack of Vitamin C.(b) It is a disease which infects the gums..(c) There is a constant discharge of pus which gives gas smell to the breath. (d) None of these
4. Which of the following has been found useful in keeping cholesterol level down?  
(a) Tulsi(b) Turmeric(c) Garlic(d) Serpentina
5. A person with stones in the kidney is advised to avoid  
(a) lemon (b) vinegar (c) tomato (d) lentils
6. The drug chloromycetin is used for which dis-ease?  
(a) Typhoid(b) Tuberculosis(c) Diptheria(d) Dysentery
7. The cheapest method of protecting foodgrains from the attack of fungi is  
(a) spraying insecticide (b) boiling (c) drying in sunlight (d) fumigation
8. Organic food includes  
(a)fats (b) proteins (c)Vitamins (d) All of these
9. Which fruit can diabetic patients eat freely?  
(a) Banana(b) Guava(c) Orange (d) Mango
10. Which of the following statements is true with respect to Leukaemia ?  
(a) Number of RBCs increases in blood.(b) Number of WBCs increases in blood,  
(c) Number of both RBCs and WBCs decreases in blood (d) Number of WBCs decreases in blood.
11. Cirrhosis is a disease that affects  
(a) heart(b) liver(c) brain(d) lungs
12. Which of the following is correct for tea ?(a) Acidic and caffeine(b) Alkaline and caffeine(c) Acidic and nicoti...(d) Alkaline and nicotine
13. Protective foods in our diet are  
(a) carbohydrates and minerals(b) fats and vitamins(c) vitamins and minerals (d) proteins and carbohydrates
14. The injection of anti-toxin is given to prevent  
(a) tetanus(b) tuberculosis(c) typhoid(d) malaria
15. Which of the following results from the germination of pulses?  
1. Increase in thiamine 2. Increase in riboflavin3 Increase in Vitamin C  
(a) 1 and 2(b) 2 and 3(c) 1 and 3(d) 1,2 and 3
16. Vitamin C is absent in  
(a) strawberry (b) apricot(c) date(d) apple
17. Honey has the largest percentage of  
(a) water(b) starch(c) glucose(d) sucrose
18. Which of the following diseases is/are likely to spread in the entire community if a leaky septic tank contaminates the water supply?  
1. Cholera 2. Typhoid 3. Tuberculosis – 4. Leprosy  
(a) 1 only (b) 1 and 2 (c) 1, 2 and 4(d) 2, 3 and 4
19. Which disease is caused by a bacterial genus in milk?  
(a) Typhoid(b) Cholera(c) Diptheria (d) Dysentery
20. Which disease is not caused by insect bite?  
(a) Plague(b) Arthritis(c) Typhus(d) Malaria

21. Ready source of energy available for athletes is  
(a) carbohydrates (b) fats(c) proteins(d) vitamins
22. Milk, cheese and eggs are the source of vitamins?  
(a) B and C (b) A and C (c) C and D(d) A and D
23. Which vaccine was first discovered?  
(a) Small pox(b) Cholera(c) BCG(d) DPT
24. The component of diet which is assimilated as such is  
(a) carbohydrates (b) fats(c) proteins(d) vitamins
25. Dental caries is due to  
(a) bacterial infection (b) viral infection(c) hereditary abnormalitiesb(d) contaminated water
26. Which of the following contains a water soluble neurotoxin which causes lathyrism?  
(a) Masoor(b) Urd(c) Moong(d) Kesari
27. For pasteurisation of milk by Flash method, milk is heated to a temperature of  
(a) 10°C (b) 37°C (c) 72°C (d) 100°C
28. Epidemiological triad refers to  
(a) agent, disease and environment(b) host, disease and environment  
(c) host, agent and disease(d) host, agent and environment
29. Which of the following is termed as good cholesterol ?  
(a) HDL(b) LDL(c) LSD(d) BHC
30. Cerebral malaria is caused by (N.D.A. 2001)  
(a) Plasmodium Faliparur(b) Plasmodium Malariae(c) Plasmodium Ovale(d) Plasmodium Vivax
31. Folic Acid is essentially required for the human body because  
(a) it helps in collagen formation that keeps teeth gums healthy  
(b) it inhibits the production of cholesterol in the body (c) it is essential for the formation and maturation of red blood cells  
(d) it promotes synthesis of prothrombin that is essential for normal clotting of blood
32. Which element in human diet is considered a major cause of heart disease ?  
(a) Cholesterol(b) Carbohydrates(c) Proteins(d) Fats
33. Dengue fever is caused by  
(a) bacteria(b) fungi(c) virus(d) protozoan
34. A girl ate sweets while fanning the flies away, Due to this, she suffered from a disease diagnosed as  
(a) Kwashiorkar (b) Tuberculosis(c) Diphtheria(d) Cholera
35. AIDS stands for  
(a) Acquired Immune Defective Symptom(b) Acquired Immune Deficiency Symptom  
(c) Acquired Infection Deficiency Syndrome (d) Acquired Immune Deficiency Syndrome  
(e) Abnormal Immune Deficiency Syndrome
36. Calcium content is maximum in  
(a) bajra(b) maize(c) sorghum(d) wheat
37. Which of the following is a water borne disease?  
(a) Tuberculosis(b) Cholera(c) Influenza(d) Malaria
38. The chemical name for Vitamin E is  
(a) Cyanocobalamin (b) Carotene(c) Riboflavin (d) Tocopherol
39. Jaundice affects the  
(a) intestine(b) liver(c) stomach(d) pancreas
40. The virus of AIDS affects the growth of  
(a) haemoglobin (b) RBCs in blood(c) T cells in blood (d) grey cells in brain



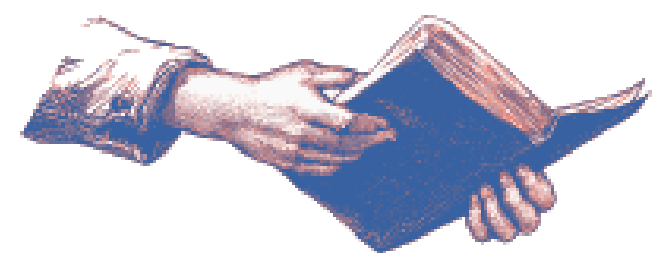
41. Tetracycline is used  
(a) for air purification(b) as a pest killer(c) as anti – plague drug(d) as a preservative
42. ‘Thala ssaemia’ is a hereditary disease affecting  
(a) kidney(b) lungs(c) blood(d) heart
43. Refrigeration is a process in which the decompo-sition of food is  
(a) retarded (b) stopped(c) speeded up (d) delayed
44. When disease cannot be prevented by immuni-sation ?  
(a) Polio(b) Diphtheria(c) Angina (d) Tuberculosis
45. Thought, feeling and perception get altered whenone is under the influence of  
(a) amphetamines (b) tranquilisers (c) morphine (d) hashish
46. An ideal godown for storing food grains is theone which keeps the grain  
(a) with constant air circulation(b) in proper humidity(c) cool and free from pest  
(d) in well-lighted condition
47. The human body is immune to which disease?  
(a) Jaundice(b) Diabetes(c) Small pox(d) Tuberculosis
48. Mother’s milk is preferred to cow’s milk becauseit contains  
(a) more fats and more lipids(b) less fats and less lipids (c) more lipids and less fats(d) more fats and less lipids
49. Oil which has maximum percentage of poly-unsaturated fatty acids is of  
(a) soyabean(b) coconut(c) walnut(d) sunflower
50. Which of the following are affected by AIDS?  
1. Blood circulatory system2. Nervous system3. Immune system 4. Respiratory system  
(a) 1,2 and 3  
(b) 2,3 and 4  
(c) 1,2 and 4  
(d) 1,3 and 4

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**The End .**

**Note :** আরো বিভিন্ন ধরনের সাইন্সের নোট পাওয়ার জন্য আমাদের ওয়েবসাইট ভিজিট করুন ।

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